

Allara News

INTERNET EDITION



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Count Your Blessings Statistics

The population of Earth is around 7.8 Billion. For most people, it is a large figure, that is all. However, if you condensed 7.8 billion in the world into 100 persons, and then in various percentage statistics, then the resulting analysis is relatively much easier to comprehend.#

Out of 100:

11 are in Europe. 5 are in North America. 9 are in South America. 15 are in Africa. 60 are in Asia. 49 live in the countryside, 51 live in cities.

12 speak Chinese. 5 speak English. 3 speak Arabic.

3 speak Hindi. 3 speak Bengali. 3 speak Portuguese.

2 speak Russian. 2 speak Japanese. 62 speak their own language. 77 have their own houses. 23 have no place to live.

21 are over nourished. 62 can eat full. 15 are under nourished. 1 ate their last meal, but did not make it to the next meal. 87 have clean drinking water. 13 either lack clean drinking water or have access to a water source that is polluted.

75 have mobile phones. 25 do not have Internet access. 70 do not have ability to go on line.

7 received university education. 93 did not attend college. 83 can read. 17 are illiterate.

31 are Christians. 25 are Muslims. 16 are Hindus. 7 are Buddhists. 7 are other religions .16 have no religious beliefs.

26 live less than 14 years. 66 died between 15 - 64 years of age. 8 are over 65 years old.

If you have your own home, eat full meals & drink clean water, have a mobile phone, can surf the Internet, and have gone to college, **you are in the minuscule privileged lot** (in the less than 7% category)

Among 100 persons in the world, **only 8 can live or exceed the age of 65.** If you are over 65 years old, be content and grateful. Cherish life, grasp the moment. You did not leave this world before the age of 64 years like the 93 persons who have gone before you. You are already blessed among mankind. **Take good care of your own health. Cherish every remaining moment.** And if you think you are suffering memory loss, read this:

Anosognosia

In the following analysis the French Professor Bruno Dubois Director of the Institute of Memory and Alzheimer's Disease (IMMA) addresses the subject in a rather reassuring way:

"If anyone is aware of their memory problems, they do not have Alzheimer's"

1. I forget the names of families...

2. I do not remember where I put some things...

It often happens in people 60 years and older that they complain that they lack memory. "The information is always in the brain, it is the "processor" that is lacking"

This is "Anosognosia" or temporary forgetfulness' Half of people 60 and older have some symptoms that are due to age rather than disease. The most common cases are:

Forgetting the name of a person - Going to a room in the house and not remembering why we were going there, - A blank memory for a movie title or actor/actress, - A waste of time searching where we left our glasses or keys...

After 60 years most people have such a difficulty, which indicates that it is not a disease but rather a characteristic due to the passage of the years... Many people are concerned about these oversights hence the following statement:

"Those who are conscious of being forgetful have no serious problem of memory"

"Those who suffer from a memory illness or Alzheimer's, are not aware of what is happening."

Professor Bruno Dubois, Director of IMMA, reassures the majority of people concerned about their over sites

"The more we complain about memory loss, the less likely we are to suffer from memory sickness"

Share this information with your friends - if you can remember who they are!

Contributed by John & Rita Seabrook

Instant Old Age

My grand-daughter asked me what it was like being old. So I told her:-

Put some cotton wool in your ears, and pebbles in your shoes.

Pull on rubber gloves, smear Vaseline on your glasses, and there you have it.

BD

Lenham Walk (Walking out of lockdown)

Eleven of us assembled in the car park at Lenham for our first walk for over a year. Must admit it was a bigger turnout than expected, and nice to see everybody. The weather was good with nice sunny periods and a pleasant breeze.

We left the car park and made our way to the A20 crossing with care into a field full of flowering oil seed rape, crossing the field diagonally along a footpath with a steady incline. Once at the top we did a right turn along the Pilgrim's Way and progressed towards the base of the Chalk Cross built to commemorate the fallen from the two world wars. We stopped for a while and admired the beautiful view over Lenham and surrounding countryside. Moving on, we viewed a Sparrow hawk hovering further along the path, obviously eyeing up it's next meal which we think he lost because he flew off.

All along this part of the walk, you enjoy beautiful views and it is this that makes it all worthwhile. After a while we made our way off the downs through another field of oil seed rape back to the A20 and crossed over headed towards a farm on the other side. Once at the farm we followed a footpath through grassy fields back to Lenham Church and into the square.

The next walk will be Tuesday 1st June at Linton.

Meeting point Linton Church car park.

Walk Leader will be Ian 01622 750480.

Some hills, can be muddy in places.

Roly

From The Archives - Allara News 2002

Down Memory Lane

Just how Many memories from our past are stored away in our personal computers - our brains - and are not normally recalled? And what will happen to them when we move on to higher things? Have we recorded our memories for the benefit of our children and grandchildren? Have we actively recalled the memories from our youth? Many of which have been forgotten. Who remembers buying sugar and other groceries in paper bags (normally blue)? What about buying broken biscuits for pennies? Who can remember changing gramophone needles as they wore out. And What is a gramophone? Do we actively encourage our offspring to learn about our past? If not, why not? *John Foster*

Time Flies

We went and got married a long time ago.
We worked for long hours and wages were low.
No TV, no wireless, no baths, times were hard.
Just a cold water tap and a walk up he yard.
But if you were sick you were treated at once,
No "Fill out that form" and "Come back in six months"
No vandals, no muggings - there was nothing to rob.
And we felt quite rich with a couple of bob.
No holidays for us, no posh carpets on floors,
But we'd coal for our fires and we didn't lock our doors.

Our children arrived. No 'pill' in those days
And we brought them up without any state aid.
People were happier in those far off days.
Kinder and more caring in so many ways.
Milkmen and paper boys would whistle and sing,
A night at the pictures was our only mad fling.
It was quite safe to play in the park,
And old folk could go for a walk after dark.
No valium, no drugs and no LSD,
We cured most ills with a good cup of tea.
We all got our share of trouble and strife
And just had to face it - that's the pattern of life.
But when we are alone and look back through the years,
We don't think of the bad times and trouble and tears.
We remember our blessings, our home and our love,
That we shared together - and thank God above

Pub Quiz

1. What is Liverpool's main railway station called?
2. According to the song what did the old lady swallow to catch a spider?
3. In which US state is Michael Jackson's Neverland?
4. According to the bible who was the only man to survive the destruction of Sodom and Gomorra?
5. Which former film star has a statue of him in Leicester Square in London?
6. Which 1984 film comedy starred Bill Murray, Dan Ackroyd and Sigourney Weaver?
7. Who was the brother of Wilbur Wright who invented the aeroplane?
8. Which Canadian Territory has a capital called Whitehorse?
9. In which century did post boxes first appear in England?
10. Which country is Addis Ababa the capitol?
11. Which is the longest bone in the human body?
12. Which Ukrainian city gives its name to a chicken dish?
13. What new name was given to the Millennium Dome in 2007?
14. What name is given to a quarter of a circle?
15. Which famous University is at Newhaven Connecticut?
16. In which century was the Mona Lisa painted?
17. In which century was New Amsterdam renamed New York?
18. In which book of the bible is the story of Samson and Delilah told?
19. In which London Borough is the Royal Albert Hall?
20. In which decade was the last moon walk?

Answers:

1. Lime Street 2. A bird 3. California 4. Lot
5. Charlie Chaplin 6. Ghost Busters 7. Orville
8. Yukon 9. 17th 10. Ethiopia 11. Femur 12. Kiev
13. O2 Arena 14. Quadrant 15. Yale 16. 16th (1503)
17. 17th (1664) 18. Judges 19. Kensington 20. 1970s