DIARY

Date	Event/Location	Price	Pay Date	Organiser	Time
July 19	Borde Hill Gardens & Brighton	£26	May/June Meetings	Gerry	09.00

Proposed Strawberry Tea

Unfortunately, the committee have had to abandon this suggested event due to the seasonal time factor and hall availability dates However the Fish & Chip Lunch is still on the agenda. Volunteer Organiser

required!

Ramblers Report

June Walk Golden Green.

Twenty of us gathered at the Bell Inn Golden Green for our June walk, this is a favourite walk which takes in a variety of the Kent countryside, is fairly flat and only one style. John Doe took a small group on the short walk, and the rest of us started on the longer hike. Crossing the road and into orchards of apples and pears, past a mobile home site for the farm workers and a farmyard. We made our way to Hartlake Bridge the site of a disaster that occurred in October 1853 when Yet again a rather depleted attendance hop pickers were returning one evening on a cart which toppled off of a wooden bridge into the river Medway killing 30 people. The full story can be found online if you Google Hartlake Disaster. We carried on by the river to the lock where we met the short walkers and had a brief rest, before carrying on past hop fields and other fields set aside for sheep It makes a bit of a change to see somebody grazing. Crossing the road we followed a tributary of the River Bourne until it joined the main river. We followed this almost until we reached the pub.

Eighteen of us were eating and although the kitchen is usually closed on a Tuesday they kindly agreed to cook for us. The food is good quality and reasonably priced, and although it took some time to be served, it is highly recommended. Rolv



This photo is of when the 'short walkers' who had walked across the fields, met the main group while on their way at the East Locks, Golden Green.

A good walk was had by all, finishing as always with a pub lunch.

Many thanks Roly. *Marjorie Doe* *******

10 Pin Bowling Report

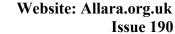
this month with only six players turning up, but everyone involved seemed to enjoy the bowling with quite a lot of banter going on.

The OVERALL scores for the day are as follows: Angela 159, Roger 190, Babs 214. Brian 260. Phil 309. and Robin 329. else come top instead of "Bomber" Brian Underwood. We had best make the most of it I don't think it will happen again!!!. I would like to thank those who turned, up and look forward to seeing them again, and maybe a few more, at our next meeting which is on the 30th June at the same time *Robin Digby*



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION

Email: allaranewslet@aol.com June 2023 Chapter 3





A chance to meet and make new friends Listen to an entertaining monthly Speaker Look forward to new Outings

Activities arranged for your enjoyment

Refreshments free at all meetings

A free monthly Newsletter *******

Tea Talk

Who knew we had such talent in our club. Rhoda's talk about The Cup that Cheers. Brief History of Tea. I thought I knew quite a bit about tea, but her talk was so interesting and I learnt a lot more. Well done Rhoda. Kathv R ******

A Big Thank You

On behalf of all the Allara members I wish return trip. Well done Gerry for your to thank all the Committee members and their helpers for all their hard work. They all do a superb job in making our Allara such a successful friendly club. To think that they have all decided to carry on for yet another year - I think they all deserve a medal.

A BIG WELL DONE to you all and many thanks as we all look forward to yet another successful year. Marjorie Doe.

Chartwell - Churchill's Home

After coffee in Sevenoaks we moved on to Chartwell, a great house with wonderful views. The gardens were beautiful, especially the Azaleas and Rhododendrons. In the house the staff were very informative and interesting We visited the house, gardens, studio and tiny cottage. Weather great! Thank you Gerry Rhoda

All of our members that undertook the visit to Winston Churchill's humble pad must belong to the chosen few as we had a glorious sunny day, and as we all know the sun shines on the righteous. Gerry had opted to try a new coach company - Roseway Coaches, and what a good decision he made. Our driver couldn't have been more helpful, and he made light work of stowing the mobility aids into the coach's massive storage area The halfway coffee stop provided a chance to explore the quaint alcoves of Sevenoaks A great day out was completed by a quick organising skills Colin



ALLARA COMMITTEE MEMBERS

Chair: Philip Puttifer 686305 Hon. Sec.: Vacant Treasurer: Gerry Waters 671691 Membership Sec.: Hilary Susans 661464 Outings: Marilyn Bateup 750480 Theatre/Shows: Vacant Holidays: Philip Puttifer 686305 Kentara: Gerry Waters 671691 Newsletter: Colin Lester 717511 Speakers: Diane Lefevre 756326 General Asst. Rosemary Kitney Jean Saxby Hall Booking Kathy Ribiero Meet & Greet: Betty Douglas 753424

INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm

Monthly Meeting There were 100 members attending the May AGM meeting

Suggestion Box there were no suggestions

All suggestions are recorded and kept for future consideration by the committee.

SPEAKER PROGRAMME

June 20 Peter Hartley **Princes and Palaces**

Julv 18 Tony Mount They Dared to be Doctors

ALLARA ACTIVITIES

Tai Chi Every Monday 11.30 to 12.30 - £5.00 Contact: Christine 677629 Art Group Every Monday 1.30 to 4.00 - £3.00 Contact: Betty 753424 Rambling 1st Tuesday in month 10.00 - FOC Contact: Rolv 677629 or Ian 750480 Kurling 2nd & 4th Mondays in month 2.00 to 4.00 - £3.00(Inc. Tea/coffee & cake) Contact: Philip 686305 or Colin 717511 **Ten Pin Bowling** Last Friday in month 11 to 2 - £9.00 (3 games) Contact: Brian 678078 **KENTARA ACTIVITIES** Line Dancing Every Monday Larkfield Village Hall Beginners 12.00, Easy Class 12.45 £3 More Advanced 2 to 3.45 - £3.50 Contact: Gerald Benham 01732 870715 email: patbutler758@gmail.com

KENTARA EVENTS

September 23rd 2023 Jamboree - Potter's Five Lakes 5 Day All Inclusive From £529 p.p Contact 01474 334434.

Allara First Aider Audrey Boston 01622 755232 Kent Community Warden Service Dawn Riach-Brown 0777 3397125

Facts

Each King in a deck of playing cards represents a great King from history. Spades - King David Hearts - Charlemagne Clubs - Alexander the Great Diamonds- Julius Caesar

What do bulletproof vests, fire escapes, windshield wipers and laser printers all have in common? They were all invented by women.

What is the only food that doesn't spoil? -Honey

In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled up the ropes, the mattress tightened, making the bed firmer to sleep on. 5. If being chased through a town you can Hence the phrase... 'Goodnight, sleep tight'

It was accepted in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer and because their calendar was lunar based, this period was called the honey month, which we know today as the honeymoon

In English pubs, ale is ordered by pints and quarts...So in old England, when customers 9. When paying for a taxi, never look at got unruly, the bartender would yell at them 'Mind your pints and quarts and settle down' It's where we get the phrase 'Mind your P's and Q's.

Many years ago in England, pub frequenters had a whistle baked into the rim or handle of their ceramic cups. When they needed a refill, they used the whistle to get some service. 'Wet your whistle' is the phrase inspired by this practice.

the most ferocious beating but wince when a woman tries to clean his wounds 2. If staying in a haunted house women should investigate any strange noises wearing their most revealing underwear 3. During a very emotional confrontation, instead of facing the person you are speaking to, it is customary to stand behind

10 Things you'd never know if it weren't

1. A man will show no pain when taking

for television

4. A single match will be sufficient to light up a room the size of a football stadium

them and talk to their back

usually take cover in a passing St. Patrick's Day Parade - at any time of the year

6. Should you wish to pass yourself off as a German Officer it will not be necessary to speak the language. A German accent will do

7. The Eiffel Tower can be seen from any window of any building in Paris

8. People on TV never finish their drinks

your wallet as you take out a note, just grab one at random and hand it over. It will always be the exact fare

10. Kitchens don't have light switches. When entering a kitchen at night you should open the frig door and use that instead