

ALLARA TRIPS 2019

To avoid disappointment make a note of these dates then watch for further details nearer the time of each trip

June 27th Kentish Day Out

Coffee in Canterbury, lunch at Dog and Duck. Afternoon - Salutation Gardens, Sandwich
£36.50 - MKS - 09.15 - Rosemary

August 8th Cruising Down the River

Meal and river trip - Woodbridge Suffolk
£38 - Pay June/July - MKS - 08.30 - Marilyn

Sept. 12th Denbies Winery & free time in Guildford

Tour of winery & free tasting
£27.50 approx - Pay July Aug - MKS - 08.30 - Rosemary

DO JOIN US

Ramblers

Golden Green Walk

This is always a favourite for the walkers as it is flat, only one stile and has beautiful views of the Kent countryside taking in orchards, riverside walks, hop gardens and vegetable fields.

Starting from The Bell pub we made our way across the road, entering through a hedge into a pear orchard and onto a footpath through a farm passing workers caravans. It was a lovely day, perfect for walking with spring sunshine and a gentle breeze. Passing more orchards, apple this time, we headed for the river on a slightly different route to our normal one. Once reaching the river, we turned left heading towards East Peckham passing the wooden Hartlake bridge with a commemorative plaque for the 30 hop pickers that lost their lives here. Ian told everybody the story of the accident in which a horse

drawn cart carrying 40 passengers plunged off the bridge into the river. The youngest victim was just 2 years old and could not be named as their parents died as well.

Walking on, we reached Golden Green lock meeting with the rest of our group who had decided to do a shorter stroll. Leaving them, we crossed over the lock making our way to a wooden bridge crossing the Medway. The rest of the walk took us past hop gardens and a farmyard into fields of wheat and past newly sown vegetables. Finally reaching the road with just a short walk back to the pub. A lovely walk ending with lunch at the Man of Kent pub East Peckham. *Roly*

Kurling

May Session 1 (Attendance 18 -
Result: Betty, Enid, Malcolm 76 score
Session 2 (Attendance 16)
Result June, Pam 84 score (only two players on this team so each played extra stone alternately)

10 Pin Bowling - May 24

We were a bit depleted on numbers with only 6 of us turning up for this month's match. However the phrase, 'never mind the quantity look at the quality' applies! Some interesting scores with 71 being the lowest and 142 the highest, but as my teacher used to remind me, we 'could have done better'. Still had a fun day out and I got out of doing the shopping! One player who needs a mention is Ron H who beat Ian B on the second game but more importantly beat his other half on all THREE games. Sylvia said she would never hear the last of it. Many thanks to Sylvia and Babs for providing the biscuits.
Our next get together is on the 28 June
Ian B

Allara News



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION

June 2019 Email allaranews@aol.com Chapter 3 Issue 148

*** Our Website - allara.org.uk

AGM Report

As expected the committee were re-elected there being no new applications to stand for office. There were some changes made as follows:
Membership Secretary - Hilary Susans
Speaker Organiser - Diane Lefevre
A vacancy exists for an additional Outings Organiser.
First Aider: Audrey Boston has volunteered for this position but will not be on the committee.

A Day Out at Leonardslee Gardens

Started journey in lovely sunshine and stopped off at Peas Pottage services for coffee and comfort break. On arrival we were greeted by a very nice chap who provided maps and information to make it easy for finding our way around as it is quite a big place. Considering the gardens had been neglected for 9 years they had made remarkable inroads with the restoration over the last 2 years. As spring was early this year the colours were not quite as vibrant as I remember, but you only needed a bit of imagination as you walked along the numerous lakes and woodland walks. The Dolls House exhibition was incredibly detailed and as you walked around listening to peoples comments it seemed to bring back many happy memories. The wallabies were there to greet us and I noticed a new vineyard had been planted, so maybe

if we returned in a few years there might be some sampling to look forward to. The views from the house were spectacular and went on for miles and we were able to take advantage of some lovely comfy chairs to enjoy a spot of lunch. As the paths were quite hilly in places I think most were pleased to return to the coach for a restful journey home. *Marilyn Bateup*

Kathy also sent a report and added - Our first port of call was the Dolls House with its fascinating miniature furniture. Then on to the gardens which were in bloom with azaleas and rhododendrons in many different colours. A ¾ mile walk around the lake and then back for a delicious ice cream
Thank you Marilyn for this lovely day out.
Kathy Ribiero

Legal Power of Attorney

The following information has been forwarded by Keith Goldacre the Kentara Secretary and was an article supplied by Isara member John Franklin who after filling in a simple on line application form received £154.96 from the Ministry of Justice :-
Investigation has revealed that the Government has incorrectly calculated the costs of establishing LPA's for people and were legally obliged to refund the over charge. The scheme applies to LPA's established between 1/4/13 and 31/3/17 and there is a sliding scale of refunds from £34 to £45 for each LPA depending on the date you set them up. Full information is on - www.gov.uk/power-of-attorney-refund.

ALLARA COMMITTEE MEMBERS

Chair: Philip Puttifer 686305
Vice Chair: Jo Dolton 762665
Hon. Sec.: Myra Farrer 756475
Treasurer: Gerry Waters 671691
Membership Sec.: Hilary Susans 661464
Outings: Marilyn Bateup 750480
Theatre/Shows: Rosemary Welcome 736017
Holidays: Philip Puttifer 686305
Kentara: Jo Dolton 762665
Newsletter: Colin Lester 717511
Speakers: Diane Lefevre 756326
General Asst. Rosemary Kitney
Kathy Ribiero
Meet & Greet: Betty Douglas 753424

INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm
Monthly Meeting
There were 121 members attending the May AGM meeting
Suggestion Box
Arundel - Festival of Flowers
Romney Marsh Light Railway + fish & chips at the Pilot
Eltham Palace I know we have visited this some time ago but with new members?
Edna W

London Zoo
Holiday - Somewhere nearer home i.e. Swanage, Bournemouth or somewhere in Devon not too far to travel

SPEAKER PROGRAMME

June 18
Steve Hoskins
Bits That Don't Fit

July 16
Tony Harris
Henry V111

Allara Activities

Tai Chi

Every Monday 11.30 to 12.30 - £4
Contact: Christine 677629

Keep Fit

Every Wednesday 10.30 to 11.30 - £3
Contact: Myra 756475

Art Group

Every Monday 1.30 to 4.00 - £2.50
Contact Megan Christmas 759426

Rambling

1st Monday in month 10.00 - FOC
Contact: Roly 677629

Kurling

2nd & 4th Monday 1.45 to 4.30 - £2.50
(Inc. Tea/coffee & cake)
Contact: Philip 686305 or Colin 717511

Kentara Activities

Ten Pin Bowling

Last Friday in month 11 to 2 - £6.25
(3 games & tea or coffee)
Contact: Brian 759796

Line Dancing

Every Monday
Beginners 12.45 to 1.45 - £3
Advanced 2 to 4 - £3.50

Kentara Diary Dates

August 15th
Short Mat Bowls Competition
Ditton Community Centre
Contact ; Bob Abnett 07726 252681
October 25th
Annual Supper & Race Night
Ditton Community Centre

Allara First Aider

Audrey Boston 695466

Kent Community Warden Service

Dawn Rich-Browne 0777 3397125

Paraprosdokians

These are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected and is frequently humorous. (Winston Churchill loved them)

1. Where there's a will, I want to be in it.
2. The last thing I want to do is hurt you... but it's still on my list.
3. Since light travels faster than sound, some people appear bright until you hear them speak.
4. If I agreed with you, we'd both be wrong.
5. We never really grow up - we only learn how to act in public.
6. War does not determine who is right, only who is left.
7. Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.
8. To steal ideas from one person is plagiarism. To steal from many is research.
9. I didn't say it was your fault, I said I was blaming you.
10. In filling out an application, when it says, "In case of emergency, notify...." I answered "a doctor"
11. Women will never be equal to men until they can walk down the street with a bald head and a beer gut and still think they are sexy.
12. You do not need a parachute to skydive. You only need a parachute to skydive twice.
13. I used to be indecisive, but now I'm not so sure.
14. To be sure of hitting the target, shoot first and call whatever you hit the target.
15. Going to church doesn't make you a Christian, any more than standing in a garage makes you a car.
16. You're never too old to learn something stupid.
17. I'm supposed to respect my elders, but it's getting harder for me to find one now.

Should Brexit Take Place?

Physicians were unable to reach a consensus:
The Allergists were in favour of scratching it' but the Dermatologists advised not to make any rash moves.
The Gastroenteritis had sort of a gut feeling about it, but the Neurologists thought the Brexiteers had a lot of nerve. Meanwhile Obstetricians felt certain everyone was labouring under a misconception.
Ophthalmologists considered the idea short-sighted
Pathologists yelled "Over my dead body"
Paediatricians said, "Oh grow up"
The Psychiatrists thought the whole idea was madness.
The Radiologists could see right through it.
Surgeons decided to wash their hands of the whole thing and the Internists claimed it would indeed be a bitter pill to swallow.
The Plastic Surgeons opined that May's proposal would "Put a whole new face on the matter"
The Podiatrists thought it was a step forward.
The Urologists were peed off at the whole idea.
Anaesthesiologists thought it was all a gas, and those lofty Cardiologists didn't have the heart to say no.
In the end the Proctologists won out, leaving the decision up to the arses in Parliament.

Contributed by Berry Tallett

Do you realise that in about 40 years we'll have thousands of old ladies running around in tattoos and Rap music will be the Golden Oldies!