

DIARY

Date	Event/Location	Price	Pay Date	Organiser	Time
Sep 14	Pevensey Bay	£31 All inclusive	£5 deposit July meeting	Marilyn	09.00
Oct 9	Fish & Chip Lunch Main Hall	£5	From July meetings	Gerry	14.00

Ramblers

July Walk Trottiscliffe

Eighteen of us gathered at The George pub in Trottiscliffe for the July walk, seven for the short walk taken by John Doe and eleven on the long walk taken by myself. The weather forecast was not too good, threatening us with heavy showers during the morning. However everybody took a waterproof and after sorting out meals we set off.

We took our normal route through the village past the houses and into a field of wheat, turning towards the North Downs. We headed on a slight incline until we reached the Pilgrims Way, crossing the road to join a footpath which runs parallel with it. After walking about half a mile, we branched off to another footpath leading to the Coldrum Long Barrow. Lovely views from here all over Maidstone and beyond.

Reaching the Long Barrow we rested. Now owned by the National Trust and believed to be 3000 years old The long barrow is the only one virtually intact in the Medway Valley. Worth noting for your diaries for next year, the Hartley Morris Men visit on the 1st May every year to "Sing up the Sun" Don't forget to set your alarms!

Anyway moving on, we more or less walked back passing the church St Peter and St Paul looking at the end wall which is made with square flints and also the grave of Graham Sutherland (artist) under the yew tree. Once back at the pub we met the short walkers and had a very nice lunch, and as if it was meant to be, the heavens opened and it poured down.

A lovely walk

Roly

10 Pin Bowling

Hi. This was our last game before we have a break for the summer holidays , we will be resuming in September .

Kentara are having a bowling competition towards the end of the year and I would like to hear from anyone who would like to take part in it , I need to know by the end of August so I can enter any teams in September .

Getting back to our last bowling session, there were only seven of us on the day with Ian looking very professional arriving bringing his own bowling ball, but to no avail. He was beaten twice on his lane by Barbara our regular bowler of 91 years young it was the highlight of the outing .

The scores were all very close at the end of the session, with everyone enjoying the friendly rivalry

Brian U

Zoo Notice.

Please Be Safe

Do not stand, sit, climb or lean on zoo fences. If you fall, animals could eat you and that might make them sick

Thank you

M.S

Quiz Answers

1. Knee 2. Tin 3. Three 4. Olivia
5. Tennessee 6. Krone 7. Marathon
8. Emperor Hirohito 9. Mercury
10. Constantinople 11. Four 12. 1997
13. Once (1966) 14. Wellington
15. Bristol 16. Rice

Allara News



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION

Email: allaranewslet@aol.com

Website: Allara.org.uk

July 2023

Chapter 3

Issue 191

Rosemary Kitney

It was with shock and deep sadness that we heard of the sudden death of our friend and long serving committee member Rosemary Kitney

She had been a member for many years and served on the committee for most of the time including a few years as treasurer

She was a great supporter of the outings and was a pleasure to be with

Unfortunately over the last few years she had several nasty falls which involved stays in hospital. During the last 3 years she had been looked after by very kind and caring Carers

Luckily she had improved over the last year and her Carer brought her to Allara where she was able to help with members signing in and also help to sell tickets for club events

Sadly she had no family but a lot of friends who will show their fondness and respect at her funeral

The funeral will be at Vinters Crematorium on Monday August 7th at 11.45am

Diane

New Committee Member

We extend a warm welcome to Glynis Haylett who has now joined the committee, and she will undertake either of the two vacancies as Secretary or Outings Organiser.

Pevensey Bay Trip

Come and join us for perhaps your last chance to visit the seaside this year.

It is on Thursday 14th September and we will be picking up the coach at Mid Kent Shops as usual leaving at 9.00am.

Just to remind you that there is no all day parking in Waitrose car park.

We are going to Sovereign Bay Marina first for coffee and a stroll and then on to The Star Inn, Normans Bay, Pevensey for a 3 course lunch to choose from the menu on the day.

The cost is £31.00 which includes the coach, the 3 course meal and tips for the driver and restaurant staff.

Marilyn will be taking names and a £5.00 non returnable deposit at July's meeting and will be collecting final payments at the August meeting.

Have you renewed your membership yet?

Subs of £15 were due at the May AGM.

In order to keep our records up to date, we must assume that any outstanding registrations (34) not paid by August are no longer members and will be deleted from our records

Please remember to register your attendance at our monthly meetings via the small hall where you can collect your Allara News Thank you.

ALLARA COMMITTEE MEMBERS

Chair: Philip Puttifer 686305
Hon. Sec.: Vacant
Treasurer: Gerry Waters 671691
Membership Sec.: Hilary Susans 661464
Outings: Marilyn Bateup 750480
Theatre/Shows: Vacant
Holidays: Philip Puttifer 686305
Kentara: Gerry Waters 671691
Newsletter: Colin Lester 717511
Speakers: Diane Lefevre 756326
General Asst. Jean Saxby
Hall Booking Kathy Ribiero
Meet & Greet: Betty Douglas 753424

INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm
Monthly Meeting
There were 66 members + 5 new members & 2 visitors attending the June meeting
Suggestion Box
Lullingstone Castle & Garden World - Swanley
Belmont House near Faversham

All suggestions are recorded and kept for future consideration by the committee.

SPEAKER PROGRAMME

July 18
Toni Mount
They Dared to be Doctors

August 15
Ian Porter
Nursing History (Midwifery)

ALLARA ACTIVITIES

Tai Chi

Every Monday 11.30 to 12.30 - £5.00
Contact: Christine 677629

Art Group

Every Monday 1.30 to 4.00 - £3.00
Contact: Betty 753424

Rambling

1st Tuesday in month 10.00 - FOC
Contact: Roly 677629 or Ian 750480

Kurling

2nd & 4th Mondays in month
2.00 to 4.00 - £3.00
(Inc. Tea/coffee & cake)
Contact: Philip 686305 or Colin 717511

Ten Pin Bowling

Last Friday in month 11 to 2 - £9.00
(3 games)
Contact: Brian 678078

KENTARA ACTIVITIES

Line Dancing

Every Monday
Larkfield Village Hall
Beginners 12.00, Easy Class 12.45 £3
More Advanced 2 to 3.45 - £3.50
Contact: Gerald Benham 01732 870715
email: patbutler758@gmail.com

KENTARA EVENTS

September 23rd 2023
Jamboree - Potter's Five Lakes
5 Day All Inclusive
From £529 p.p
Contact 01474 334434.

Allara First Aider

Audrey Boston 01622 755232
Kent Community Warden Service
Dawn Riach-Brown 0777 3397125

General Knowledge Quiz

1. In which part of your body would you find the cruciate ligament?
2. What element is denoted by the chemical symbol Sn in the periodic table?
3. How many of Henry VIII's wives were called Catherine?
4. What was the most popular girls name in the UK in 2021?
5. In what US State is the city Nashville?
6. What is the currency of Denmark?
7. What was the old name for a Snickers bar before it changed in 1990?
8. Who was the head of state in Japan during the second world war?
9. What is the smallest planet in our solar system?
10. What was the Turkish city of Istanbul called before 1930?
11. How many human players are there on each side in a polo match?
12. In what year did Tony Blair become British Prime Minister?
13. How many times has England won the men's football World Cup?
14. What is the capital of New Zealand?
15. Street artist Banksy is originally associated with which British city?
16. From what grain is the Japanese spirit Sake made?

This Month's New Books

Title	Author
Your Thoughts	Penny Forum
Bad Mother	Sheila Bandonyew
Six of the Best	Ben Dover
Grand Total.....	Adam Awlup
Dying Flame	Peter Doubt
Dinosaurs.....	Terry Dactile
Winds of Change.....	Gail Brewing
The Floating Man.....	Betty Synx
Congratulations.....	Pat Onhed
See Them Fall.....	Ed Furst
The Complainant.....	Mona Lott
The Cradle Rocks.....	Wendy Winblows

"KIDSSPEAK"

- 1) Name one of the early Roman's greatest achievements:
Leaning to speak Latin.
- 2) Where was the American Declaration of Independence signed?
At the bottom of the page.
- 3) What is the meaning of the word varicose?
Close by.
- 4) What is a fibula?
A little lie.
- 5) Explain the phrase "free press"
When your Mum irons your trousers.
- 6) Joanna works in an office. Her computer is a stand-alone system.
What is a stand-alone computer system?
It doesn't come with a chair.
- 7) What is a vibration?
There are good vibrations and bad vibrations
Good Vibrations were discovered in the 1960s. B.D

News Headlines.

Serial Killer on loose.

Scruffy man stands by broken down car on dark lonely road, he tries to wave someone down no luck,
Then a car stops and once inside he finds it driven by a young lady. "With the news head lines, shouldn't you be worried picking up strangers?" he asks?
"Not really" she replies with a smile
"What are the odds of there being two serial killers in one car?"
Rhoda

What a peach

I asked a supermarket worker where they kept the tinned peaches. He said "I'll see," and walked away. I asked another and he also said "I'll see," and walked away. In the end I gave up and found them myself, in Aisle C.