

DIARY

Date	Event/Location	Price	Pay Date	Organiser	Depart	Time
Jan 27	Beetle Drive	*	*	Philip	*	14.00
Mar 29	Quiz	*	*	Mandy	*	13.30

Alternatives

- 1) The meaning of opaque is unclear.
- 2) I wasn't going to get a brain transplant, then I changed my mind.
- 3) Have you ever tried to eat a clock? It is very time consuming.
- 4) A man tried to assault me with milk, cream and butter, How dairy!
- 5) I'm reading a book about anti-gravity. I can't put it down.
- 6) If there was someone selling marijuana in our neighbourhood, weed know about it.
- 7) It's a lengthy article about ancient Japanese sword fighters but I can Sumurais it for you.
- 8) It's not that the man couldn't juggle, he just didn't have the balls to do it.
- 9) So what if I don't know the meaning of the word an apocalypse? It's not the end of the world.
- 10) Police were called to the daycare-centre. A 3-year old was resisting a rest

For Christmas, I gave my son an iPhone. my daughter received an iPod; and I was pleased to receive an iPad. So why was my wife not happy with her special day gift of an iRon?

Did You Know:-

There is a seven letter word in the English language that contains ten words without re-arranging any of its letters. It is "THEREIN" And the words are:-
the, there; he; in; rein;her; here; ere; therein, herein.

Thomas Edison, the acclaimed inventor of the light bulb, was afraid of the dark.

A group of toads is called a 'knot'

In France there is a place called 'Y'.

Camels chew in a figure 8 pattern.

William Shakespeare invented the word assassination

The average housefly lives for one month

Page Submitted by B.D

Allara News



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION
December 2021 Email allaranewslet@aol.com Chapter 3 Issue 174

*** Our Website - allara.org.uk



May this season bring good cheer
May it be full of happiness to all
you hold dear

But never forget the reason
For this special season

Do You Like To Chat? Then We Have Just The Things For You

We would like to get the Lunch Club resurrected with, to start, a lunch out once a month, and then more frequently if popular Also a new one., - meet up and have a natter about anything and everything going on around us at the moment. Should be interesting to hear other viewpoints
If you are interested in either of these new groups please see Marjorie on the table at the side

side of the hall and she will fill you in with all of the details.

#####

What Is Tai Chi?

It is a series of gentle movements using your arms and legs, to relaxing music.

These movements over time help to strengthen your limbs and improve balance problems. It is highly recommended by members of the medical profession.

Many people have benefited from this form of exercise, it is suitable for men and women and is recommended for those with Rheumatoid Arthritis, Parkinson's, Dementia or have had a stroke to name but a few.

Allara Tai Chi is a small friendly group and would welcome anyone interested in giving it a try.

We meet every Monday 11-30 to 12/30 in the small hall. If you want to have a go and would like to come along, please ring Christine on 01622 677629 or pop in on the day.

Christine

ALLARA COMMITTEE MEMBERS

Chair: Philip Puttifer 686305
Hon. Sec.: Myra Farrer 756475
Treasurer: Gerry Waters 671691
Membership Sec.: Simon Vivian 676726
Outings: Jean Saxby 761256
Theatre/Shows:
Holidays: Philip Puttifer 686305
Kentara: Gerry Waters 671691
Newsletter: Colin Lester 717511
Speakers: Diane Lefevre 756326
General Asst. Rosemary Kitney
Kathy Ribiero
Meet & Greet: Betty Douglas 753424

INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm

Monthly Meeting

There were 96 members + 3 visitors attending the November meeting

Suggestion Box

There were no suggestions

All suggestions are recorded and kept for future consideration by the committee.

SPEAKER PROGRAMME

December

Nick Bosworth
Vocalist & Keyboard

January

Neil Sadler
California Dreaming

Allara Activities

Tai Chi

Every Monday 11.30 to 12.30 - £4
Contact: Christine 677629

Keep Fit

Under Review
Contact: Myra 756475

Art Group

Every Monday 1.30 to 4.00 - £2.50
Contact Megan Christmas 759426

Rambling

1st Tuesday in month 10.00 - FOC
Contact: Roly 677629 or Ian 750480

Kurling

2nd & 4th Mondays in month
2.00 to 4.00 - £3.00
(Inc. Tea/coffee & cake)
Contact: Philip 686305 or Colin 717511

Kentara Activities

Ten Pin Bowling

Last Friday in month 11 to 2 - £7.99
(3 games)

Contact: Brian 759796

Line Dancing

Every Monday
Beginners 12.45 to 1.45 - £3
Advanced 2 to 4 - £3.50

Kentara Diary Dates

September 14 2022
Kentara Cruise

Allara First Aider

Audrey Boston 695466

Kent Community Warden Service

Dawn Riach-Browne 0777 3397125

Boredom Busters

A summary of our activities

Tai Chi

Tone up the body & mind.

Keep Fit

Get that body active.

Art Group

Display your artistic talent

Ramblers

A breath of country air & lunch.

Kurling

The alternative Rolling Stones.

Ten Pin Bowling

Make the scatter matter.

Line Dancing

Follow my leader

Jigsaw Jamboree

Borrow or exchange jigsaw puzzles

Book Bonanza

Exchange books to read

Discussion Groups

Join a small group in individual member's houses and air your views

Pub Lunchers

Join this group & give the oven a rest.

#####

Children !!

One day the first grade teacher was reading the story of Chicken Little to her class. She came to the part of the story where Chicken Little tried to warn the farmer. She read,
"... and so Chicken Little went

up to the farmer and said, "The sky is falling, the sky is falling!"

The teacher paused then asked the class,

"And what do you think that farmer said?"

One little girl raised her hand and said, "I think he said: 'Holy s***!

A talking chicken!"

The teacher was unable to teach for the next 10 minutes.

#####

A little boy was doing his maths homework. He said to himself,

"Two plus five, that son of a bitch is seven. Three plus six, that son of a

bitch is nine..."

His mother heard what he was saying and gasped, "What are you doing?"

The little boy answered, "I'm doing my maths homework, Mum."

"And this is how your teacher taught you to do it?" the mother asked.

"Yes," he answered.

Infuriated, the mother asked the

teacher the next day, "What are you teaching my son in maths?"

The teacher replied, "Right now, we are learning addition."

The mother asked, "And are you teaching them to say two plus two, that son of a bitch is four?"

After the teacher stopped laughing, she answered, "What I taught them

was, two plus two,

THE SUM OF WHICH, is four."

Submitted by K.R