

DIARY

Date	Event/Location	Price	Pay Date	Organiser	Time
Sep 14	Pevensy Bay	£31 All inclusive	Final Payment Aug meeting	Marilyn	09.00
Oct 19	Fish & Chip Lunch Main Hall	£5	From July meetings	Gerry	13.00

Kurling

What a turnaround! We had only 12 players at the previous session, but at this last meet we welcomed 22 players and 3 spectators. As usual there was a high level of good natured badinage as someone removed a high scoring opponents stone. Again a good time was had during play and a chat during the half time tea and cake interval. The winning team with 105 points were Carol B, Harry, Malcolm and Rob

Allara Ramblers 1.August.2023.

On a bright, sunny, windy morning nine members met up at Upnor for our walk lead by Robin. The main group went off leaving the short walkers to walk at a slower pace. Both groups walked along at the waters edge, with the short walkers calling in at the yacht club for a sit down and coffee. Unfortunately there was no coffee, as the Yoga club were meeting there and said the coffee machine would disturb them. So we made ourselves comfortable in there looking out enjoying the views of the river looking out to St Mary's Island. The sun shining on the water with the boats made a lovely scene. Later on meeting up with the main group at The Ship for a pub lunch. Thank you Robin for organizing this months walk.

Marjorie

Rosemary K

I would like to say how nice Rosemary's funeral was, and to hear about her life.

Kathy R

I will second that observation, and we thought it a nice touch that the Celebrant

mentioned that Rosemary liked to read the Daily Mail and do the competitions. That day's copy was on the coffin to accompany her on her journey *Ed.*

Reminders

When coming to our meetings, please remember to register your attendance by booking in via the small hall. This is a statutory requirement of fire regulations and of insurance

There are still a few tickets available for our Fish and Chip Lunch in the main hall. Doors are open at 12.30 and lunch served at 1.0pm



Alkanet

I have this *weed*, a member of the borage family, growing all around the garden and I consider it a nuisance with deep roots and large fleshy leaves. I am surprised however to discover that this plant is sold commercially for £5.99 each!

Apparently apart from its decorative value, the root can be used to manufacture brown dye and the sap has medicinal properties.

Time to cash in on our garden weeds?

Allara News



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION

Email: allaranewslet@aol.com

Website: Allara.org.uk

August 2023

Chapter 3

Issue 192



August is also a little bit unique, . in a standard year, there is no other month that begins on the same day of the week as August. In a leap year, however, August begins on the same day of the week as February.

Back in the days of the Anglo-Saxons, the month was called Weod Monath. Its translation of "weed month" is quite literal – in this month weeds and other plants grow the fastest in the northern hemisphere. On August 6, 1762, the first-ever sandwich was created, at least with such a name. It was named after the Earl of Sandwich when he requested a dish involving meat between two pieces of bread. As the story goes, he requested it as he was in the middle of a gambling game and didn't want to interrupt it. August was a fateful month for the ancient Roman city of Pompeii. On August 24, 9AD, Mount Vesuvius erupted near the city. The mountain spewed out great clouds of ash, smoke, and pumice, which rained down on Pompeii's citizens. Unfortunately for Pompeii, that wasn't the end of it either – next came molten lava, which buried the remaining residents 7 feet (2.1 m) deep!

As the second month of Summer, July is, on average, the warmest month of the year in the northern hemisphere. Its southern hemisphere equivalent is January. In the southern hemisphere, though, July is, on average, the coldest month of the year, being the second month of winter.

Borde Hill and Brighton.

After a coffee stop and wander around Borde Gardens we moved on to Brighton. Once there some of us rode the oldest electric railway built in 1885, ate great sandwiches in the little station cafe, watched the swimmers and surfers before a walk on the pier and lose our money on the slot machines. Weather warm but windy. A good day thank you Gerry

Rhoda

Today's Speaker

Sorry we have a second medical talk in a row. I do usually try to separate subjects so that we have a variety. Unfortunately I had to cancel this months speaker 2 years ago because of Covid. Last year he went down with Covid the day before he was due to come to us. I fitted him in for this year to speak on Midwives Nursing History before I realised it followed They Dared To Be Doctors. I have heard this speaker and I'm sure you will find him entertaining

Diane

ALLARA COMMITTEE MEMBERS

Chair: Philip Puttifer 686305
Hon. Sec.: Vacant
Treasurer: Gerry Waters 671691
Membership Sec.: Hilary Susans 661464
Outings: Marilyn Bateup 750480
Theatre/Shows: Vacant
Holidays: Philip Puttifer 686305
Kentara: Gerry Waters 671691
Newsletter: Colin Lester 717511
Speakers: Diane Lefevre 756326
General Asst. Jean Saxby
Glynis Haylett
Hall Booking Kathy Ribiero
Meet & Greet: Betty Douglas 753424

INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm
Monthly Meeting
There were 81 members + 2 new members + 2 renewals & 4 visitors attending the July meeting
Suggestion Box
There were no suggestions

All suggestions are recorded and kept for future consideration by the committee.

SPEAKER PROGRAMME

August 15
Ian Porter
Nursing History (Midwifery)

September 19
Neil Sadler
The Inspector Calls

ALLARA ACTIVITIES

Tai Chi

Every Monday 11.30 to 12.30 - £5.00
Contact: Christine 677629

Art Group

Every Monday 1.30 to 4.00 - £3.00
Contact: Betty 753424

Rambling

1st Tuesday in month 10.00 - FOC
Contact: Roly 677629 or Ian 750480

Kurling

2nd & 4th Mondays in month
2.00 to 4.00 - £3.00
(Inc. Tea/coffee & cake)
Contact: Philip 686305 or Colin 717511

Ten Pin Bowling

Last Friday in month 11 to 2 - £9.00
(3 games)
Contact: Brian 678078

KENTARA ACTIVITIES

Line Dancing

Every Monday
Larkfield Village Hall
Beginners 12.00, Easy Class 12.45 £3
More Advanced 2 to 3.45 - £3.50
Contact: Gerald Benham 01732 870715
email: patbutler758@gmail.com

KENTARA EVENTS

September 23rd 2023
Jamboree - Potter's Five Lakes
5 Day All Inclusive
From £529 p.p
Contact 01474 334434.

Allara First Aider

Audrey Boston 01622 755232
Kent Community Warden Service
Dawn Riach-Brown 0777 3397125

Swan Song

Did you read about UK's most miserable pub, The Swan Inn in Holmes Chapel, Cheshire?. It's rules are - No swearing, no workwear, no mobile devices and no noisy children, but well behaved children are welcome in the restaurant and outside in the beer garden until 8pm. Dogs also welcome in the beer garden.

Sounds just my sort of pub, - think I'll move to Holmes Chapel!

Happy Harry

What, Still Having a Bad Day?

A woman came home to find her husband in the kitchen shaking frantically, almost in a dancing frenzy, with some kind of wire running from his wrist towards the electric kettle.

Intending to jolt him away from the deadly current, she whacked him with a handy plank of wood, breaking his arm in two places.

Up to that moment, he had been happily listening to his Walkman *B.D.*

As a kid, I used to watch The Wizard of Oz and wondered how someone could talk if they don't have a brain
Then I got Facebook!

*

People who ask me what I'm doing tomorrow probably assume that I even know what day of the week it is

M.S

*

Tim flies like an arrow. Fruit flies like a banana

Sign of the times?

I've noticed most Supermarkets have a box for donations just after the checkout. Recently I noticed small labels appearing on some goods mostly dried and tinned saying "donate me ".I got to thinking could there be some ulterior motive? I am such a cynic lately. What is to stop them after closing putting them back on shelves to re-sell.

I am quite sure that supermarkets do donate for the poor but it is more likely to be goods past the sell by dates. We all know that profits are everything nowadays. If the items were marked "DONATION" round the label that would prevent the problem. What I planned to donate will now go to the Salvation army box in The Mall. I would love to be proved wrong.

Barbara Smile

A Recent Outing

On a recent mini holiday to Essex we visited the Stow Maries WW1 Aerodrome and museum, which is the largest surviving Great War Aerodrome in Europe. It was the birth of the Air Defence of Great Britain in response to the first raids by Zeppelins and German Bombers and played a key role in the Battle for Britain (the first London Blitz). Seeing pictures of bombed London was eye-opening as I hadn't realized London had suffered as it had in WW2. With a very knowledgeable guide it was fascinating to see the bi-planes, the Mess (where we had lunch) and all the workshops and officer's facilities - which now, of course, look very antiquated. It seems the wings of the planes were linen fabric coated in a very pungent solution called Dope which affected the women workers - hence the origin of the word "dopey".

Altogether a wonderful few hours and well worth a visit *B.D.*