

### Situations Vacant

Unfortunately two of our long standing committee members - Rosemary Welcome and Marilyn Bateup have resigned from the committee, which leaves us with two vital roles to fill.

If you feel that you could become either our Shows/Theatre Organiser or Outings Organiser, please let Philip know. Marilyn has offered to give full assistance in helping her replacement as Outings Organiser to get started, but Rosemary has sadly had to step down for health reasons. Please give this matter careful consideration

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### Have We Got Your email Address?

Please supply your email address on the slip issued today, as this will enable us to contact you with any future information that you may need to know.

Our only existing means of communication is via our monthly newsletter or our website, the latter of which we appreciate that not all members are able to access.

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### Kurling

We hope to resume our sessions starting Monday 13th September although we might need a refresher course on how to play after all this time!

### Jigsaw Puzzle Station

A selection of jigsaw puzzles are available at the rear of the hall to exchange or borrow if you need to keep your brain ticking over.

There is no charge for this.

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### Ageing

As I was lying around pondering the problems of the world, I realised that at my age I don't give a damn anymore.

If walking is good for your health, the postman would be immortal.

A whale swims all day, only eats fish, only drinks water, but is still fat.

A rabbit runs and hops and only lives 15 years, while a tortoise doesn't run and does mostly nothing and lives for 150 years!

And you tell me to exercise? I don't think so. *B.D.*

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### Clairvoyant Prediction

Being clairvoyant, I know that you are thinking of a Grey Elephant from Denmark!

If you have a Pink Elephant from Never-Never Land, you should lay off the demon drink!!!

### Quiz Answers

1. Spike Milligan 2. Private Fraser  
3. £1.5.0d 4. Digitally Versatile Disc  
5. 18 6. Sparky 7. Bald  
8 (a) Trumpet (b) Motorcycle  
© Ski Jumping (d) Fleet Operator

# Allara News



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION

August 2021 Email allaranewset@aol.com Chapter 3 Issue 170

\*\*\* Our Website - [allara.org.uk](http://allara.org.uk)

### Welcome Back

Although I have published a newsletter every month on our website, this is the first in the original format for 17 months. All copies of the Internet edition are still available to download from our website.

Ed.

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### Ramblers

#### 20th Anniversary Walk - Trottiscliffe

The July walk was at Trottiscliffe. On a fine day this walk is beautiful, however, it was tipping down at our assembly point but 12 hardy souls turned up at the George Public House to start with a couple arriving to do the shorter walk. We had one new walker Mary, who came with Gladys. Hope she can come on more walks with us. At 10.00 hours we started off taking our usual route through the village in lovely sunshine by this time. Then out onto a footpath towards the Pilgrim's Way lane. Nice to see that the goats in the field were still there. After a while we went onto the lane and walked on until we could join a footpath to the right which would eventually lead us to the Coldrom Long Barrow Stones where we stopped and pondered for a while. Making our way back to the village we passed a field of Alpacas? who seemed to take a bit of interest in us by standing and staring, but we weren't phased and carried on. We also passed the village church of St. Peter and St. Paul. This is a lovely church and well worth a visit. We arrived back at about 12:15, removed our muddy boots and made it undercover in the Marquee at The George for a meal, joined by the short walk group and some others who came for the meal making a total of 17 eating. The meal was followed by a lovely cake supplied and made by Marilyn which obviously didn't last long!

It was great that John Doe and John Seabrook were there being part of the original walking group of 20 years ago.

Roly

ALLARA COMMITTEE MEMBERS

**Chair:** Philip Puttifer 686305  
**Hon. Sec.:** Myra Farrer 756475  
**Treasurer:** Gerry Waters 671691  
**Membership Sec.:** Hilary Susans 661464  
**Outings:** Vacant  
**Theatre/Shows:** Vacant  
**Holidays:** Philip Puttifer 686305  
**Kentara:** Jo Dolton 762665  
**Newsletter Editor:** Colin Lester 717511  
**Speakers:** Diane Lefevre 756326  
**General Asst.** Rosemary Kitney  
Kathy Ribiero  
**Meet & Greet:** Betty Douglas 753424

INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm

Monthly Meeting Stats

Suggestion Box

All suggestions are recorded and kept for future consideration by the committee.

SPEAKER PROGRAMME

Our Speaker Programme will resume at the October meeting.

Allara Activities

Tai Chi

Every Monday 11.30 to 12.30 - £4  
Contact: Christine 677629

Keep Fit

Every Wednesday 10.30 to 11.30 - £3  
Contact: Myra 756475

Art Group

Every Monday 1.30 to 4.00 - £2.50  
Contact Megan Christmas 759426

Rambling

1st Tuesday in month 10.00 - FOC  
Contact: Roly 677629 or Ian 750480

Kurling

2nd & 4th Mondays in month  
1.45 to 4.30 - £3.00  
(Inc. Tea/coffee & cake)  
Contact: Philip 686305 or Colin 717511

Kentara Activities

Ten Pin Bowling

Last Friday in month 11 to 2 - £7.99  
(3 games & tea or coffee)  
Contact: Brian 759796

Line Dancing

Every Monday  
Beginners 12.45 to 1.45 - £3  
Advanced 2 to 4 - £3.50

Kentara Diary Dates

TBA

Allara First Aider

Audrey Boston 695466

Kent Community Warden Service

Dawn Riach-Browne 0777 3397125



Clairvoyance

Do you believe in Black Magic, Wizardry or Witchcraft? You are reading this now which means that I can instantly read your mind. Don't believe me? Try this test.

Pick a number between 1 and 10.  
Add 5.  
Double the number you now have.  
Subtract 2.  
Halve it.  
Take away the number you started with.

Now imagine the alphabet as numbers -A=1, B=2, C=3 etc. Now convert the number you have to a letter. Think of a country beginning with that letter. Now using the next letter of the alphabet think of a large animal beginning with that letter, and a colour that you associate with that animal.

*My prediction of your answer is on back page.. Ivor Ninkling*  
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Why do shops have signs, 'Guide Dogs Only', the dogs can't read and their owners are blind?

Did You Know (or Trivia)

- \*About 10% of the world's population are left handed
- \*The average human body contains enough iron to make a 7.2 cm nail.
- \*Like your fingerprints everyone's tongue prints are different.
- \*During a 24 hours period, the average human will breathe 23,040 times, exercise 7 million brain cells and speak 4,900 words.
- \*Each year insects eat one third of the world's food crop.
- \*The honeybee kills more people worldwide than all the poisonous snakes combined.
- \*No two spiders webs are the same.
- \*Leonardo de Vinci invented the scissors

*Supplied by B.D.*

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Quiz Hotchpotch

1. Who wrote Adolph Hitler - My Part In His Downfall ?
2. 'Doomed, we're all doomed' - Which character?
3. 5 tanners, 5 florins, 5 half crowns - How much in total?
4. What does DVD stand for?
5. Add the geese, swans, hens and doves
6. Who had a magic piano?
7. If Santa was glabrous, what would he be?
8. What do you associate with these Eddies ? (1 point each)
  - a) Calvert b) Kidd c) The Eagle
  - d) Stobart