

# Allara News



THE NEWSLETTER OF ALLINGTON ACTIVE RETIREMENT ASSOCIATION

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Website [Allara.org.uk](http://Allara.org.uk)

**April 2022**

**Issue: 178**



## Featured Activity

### Art Group

Our very friendly Art Group meet on Mondays 1.30 - 4 pm in the small hall at £3 pp per week. We are very much mixed abilities with our 'better painters' more than willing to give help and advice. Everyone provides their own preferred equipment. Some weeks we are 'just doing our own thing' but other times we are set a Project or have a Still Life to capture.

At Christmas we enjoy a little party with a mini buffet and quizzes. Anyone can join our Group, even if they do not belong to Allara.

B.D.

### Fitness Group

This was to be our next featured activity, but unfortunately it looks as if the group will not continue.

## Membership Fees

To keep the finances of the Allara in good shape, it is necessary to increase our annual membership to £15 p.a. This still means that we remain the cheapest ARA in Kent to belong to and still includes tea and biscuits and monthly newsletter free to members

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## Allara Lunch Club

We all met at The Fields for our first lunch group get together on the 24th March. The staff were excellent in looking after us all, and the food really good.. Everyone enjoyed being out and meeting up again. Please note....Change of date.... Our next lunch will be at the same time and place but the date will be April 21st so as not to clash with the trip to Rye that many of you are going on.

Look forward to seeing you all again in April.

*Marjorie*

01622 752593

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I saw a bluebell on the 30th March, has anyone in the club seen one before that date this year? *Kathy*

## ALLARA COMMITTEE MEMBERS

**Chair:** Philip Puttifer 686305  
**Hon. Sec.:** Myra Farrer 756475  
**Treasurer:** Gerry Waters 671691  
**Membership Sec.:** Simon Vivian 676726  
**Outings:** Jean Saxby 761256  
**Theatre/Shows:** Vacant  
**Holidays:** Philip Puttifer 686305  
**Kentara:** Gerry Waters 671691  
**Newsletter:** Colin Lester 717511  
**Speakers:** Diane Lefevre 756326  
**General Asst. Rosemary Kitney**  
**Hall Booking** Kathy Ribiero  
**Meet & Greet:** Betty Douglas 753424

## INFORMATION

Meetings are held on the 3rd Tuesday of the month from 2pm to 4pm

### Monthly Meeting

There were 95 members  
+4 new members attending the March meeting

### Suggestion Box

There were no suggestions

All suggestions are recorded and kept for future consideration by the committee.

## SPEAKER PROGRAMME

### April

Keith Simmons

### **Namedropping**

**50 Years in Show business**

### May

**No Speaker - AGM**

## Allara Activities

### Tai Chi

Every Monday 11.30 to 12.30 - £5.00

Contact: Christine 677629

### Keep Fit

Under Review

Contact: Myra 756475

### Art Group

Every Monday 1.30 to 4.00 - £3.00

Contact: Betty 753424

### Rambling

1st Tuesday in month 10.00 - FOC

Contact: Roly 677629 or Ian 750480

### Kurling

2nd & 4th Mondays in month

2.00 to 4.00 - £3.00

(Inc. Tea/coffee & cake)

Contact: Philip 686305 or Colin 717511

### Ten Pin Bowling

Last Friday in month 11 to 2 - £9.00

(3 games - inc. tea or coffee)

Contact: Brian 759796

### Lunch Club

Contact Marjorie 01622 752593

## Kentara Activities

### Line Dancing

Every Monday

Beginners 12.45 to 1.45 - £3

Advanced 2 to 4 - £3.50

## Kentara Diary Dates

### May 11

### **Tea Dance**

Ditton Community Centre

### Aug 25

### **Short Mat Bowls Comp**

Ditton Community Centre

## Allara First Aider

Audrey Boston 695466

## Kent Community Warden Service

Dawn Riach-Brown 0777 3397125

## Smilies

An elderly man was having hearing problems and went to see a specialist. The doctor fitted him with some hearing aids that brought his hearing back to full strength. After a few months the man went back for a check up and to make sure the new equipment was still working properly, which it was.

The hearing specialist said "It all seems perfect, your family should be delighted you can hear everything now"

"Oh no" the man replied, "I haven't told any of them. I just sit quietly listening carefully, and I've changed my will four times already"

*Supplied by B.D.*

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## Allara AGM

Our AGM is next month which means it will be election time. The committee will resign and hopefully be available to stand for re-election again. A vacancy still exists for the position of Theatre/Shows organiser.

All positions are available for any member who would like to stand for office, so why not put your name forward. You could be our next Chairman, Secretary, Treasurer, Organiser, Newsletter Editor etc.

## Winston - Memory Man!

What a memory Tony Harris our March speaker possesses. His talk on Churchill with all the facts and figures, was delivered without a single reference to notes.

Winston is not his one specialised subject as you might have recalled a previous talk on King Henry V 111., and no doubt several others. He must spend hours doing research. Should be on Mastermind We understand that Diane has booked him again for next year, so it will be interesting to see who he appears as then. *Ed*

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## Leg Riddle

You have to try this. There are some things that the brain can't handle. This will confuse your mind and you will keep trying to outsmart your foot but you can't. It is pre-programmed in your brain

1. While sitting, lift your right foot off the floor and make clockwise circles.
2. Now while doing this, draw the number '6' in the air with your right hand. Your foot will change direction.

There is nothing you can do about it. You know how funny it is, but before the day is done you are going to try it again if you have not already done so

## Quiz Report

A great afternoon was had by 70 people who turned up for Mandy's quiz. It certainly got us using our little grey cells. We had a nice cup of tea and biscuits at half time, which certainly helped. I would like to thank Mandy and her helpers for an enjoyable afternoon and here's to the next one. *Kathy R*

An enjoyable afternoon in good company utilising what brain power we have left. Some of the questions a little obscure, but with some effort we managed to come last and were rewarded with a cream egg. Roll on the next quizzing afternoon. Thanks go to Mandy and her bevy of beauties. *Aileen Westall*

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## 10 pin Bowling

Hi all apologies for this months report. I was unable to attend last months bowling and only have overall scores for the three games .

Scores were as follows Phil 346  
Brian W 315 Ian 294 Rob 291  
Maddy 259 Dave 253 Roger 249  
Sylvia 244 Mad 222 Ron 199 and  
Angela 186.

Everybody is welcome, the price is £9.00 for 3 games , and our next outing is on the 29th of April at 10:45 at the Hollywood Bowl Lockmeadow .

Come along and Bowl with us .

*Brian U*

## Some Happenings in April

APRIL 1st 2022, is April Fool's Day.

APRIL 3rd 1860. The Pony Express began, the first riders set off on this day.

APRIL 6th 1896. The First modern Olympic Games opened in Athens  
APRIL 12th 1861, The U.S. Civil War began.

APRIL 14th 1865. US President Abraham Lincoln was assassinated.

APRIL 18th 1906. San Fransisco earthquake demolished 75% of the city and killed over 3000 people.

APRIL 21st 1956. Elvis Pressley's first hit record 'Heartbreak Hotel' becomes No.1`.

APRIL 22nd 2022 is Earth Day.

APRIL 27th 2005, The A380, the world's largest jetliner, completed its maiden flight.

APRIL 28th 1770, Captain James Cook lands at Botany Bay,Australia

*Supplied by B.D.*

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| <u>March Quiz Answers</u> | £ | s | d   |
|---------------------------|---|---|-----|
| Florin.....               | 2 | 0 |     |
| Bob.....                  | 1 | 0 |     |
| Half a crown.....         | 2 | 6 |     |
| Guinea.....               | 1 | 1 | 0   |
| Farthing (far thing)..... |   |   | 1/4 |
| Tanner.....               |   | 6 |     |
| Penny.....                |   |   | 1   |

£1.. 7.. 1/4